

WELLNESS ACCEPTANCE YOUTH VOICES EMPOWERMENT

WAYVE

Wants...



Q: What is WAYVE?

A: In WAYVE, youth and adults work together to create a community where wellness is promoted, people are accepted, valued, and respected, and youth are empowered to use their voices to create meaningful change.

WAYVE was created in response to a gang and racially motivated murder of a Kitchener youth in 2001. This youth-based program features peer education activities in senior elementary schools, high schools and in the community. These activities focus empowering youth to make meaningful change in by addressing the impacts our actions have on others.

WAYVE teams also raise awareness and educated peers on youth suicide, homophobia and peer pressure. WAYVE operates on the belief that youth need to be involved in the solution to addressing youth issues, because they are the ones directly involved. This program gives youth an opportunity to speak out and get involved in their school and community. WAYVE provides teens with the opportunity to grow and motivate others.



Participating Schools

- Doon Public School
- Jacob Hespeler Secondary School
- Kitchener-Waterloo Collegiate
- Lester B Pearson Public School
- Lincoln Heights Public School
- McGregor Public School
- Monsignor Doyle Catholic Secondary School
- Resurrection Catholic Secondary School
- St. Andrews Senior Public School
- St. David Catholic Secondary School

Visit us to learn more
WWW.WAYVE.CA
Or contact us at
wayve@cmhaww.ca

Want to become a WAYVE team member in your school or on the Regional Team? Visit us online or contact your school WAYVE Advisor today!

WAYVE Testimonials

What do you like about WAYVE?

"Everything! The presentations, working with and bonding with youth WAYVE members. I also like the weekly meetings because it gave us a chance to stay connected as a team."

"I liked that we presented to schools in our region and actually took steps to helping youth in our community. We actually made a difference."

"Meeting new people!"

"I really liked getting the chance to try and change someone's life while getting my life changed at the same time."

"I liked how we created a sense of family together. I made new friends."



WAYVE Regional Team

There is a group of students from schools across Waterloo Region that meet every week at the Canadian Mental Health Association. Team members are trained to be aware of sensitive youth issues and address such topics as: bullying, toxic friendships, mental health, youth suicide, homophobia and racism. With the support of the WAYVE facilitators this team researches, creates and delivers presentations that incorporates music, sound, video and drama. These unique presentations are given to high school and senior elementary school students in the Region.

Over the past several years, the Regional Team has delivered their message to over 35,000 students. This team has won numerous awards in the community for their dedication and hard work on tackling youth issues.

If you want to make a difference and be part of something BIG, join the WAYVE Regional Team! Meetings are on **Wednesdays 5:30-8PM**.

WAYVE In-School Team

Teams of students that operates within various schools throughout the region. The goal of these teams is to create and conduct activities that raise awareness and educate their peers on a variety of youth issues.

Activities can include: Poster campaigns, T-Shirt Design Contests, Special Awareness Days, Presentations, Announcements and much more.

But best of all the WAYVE program is based on youth ideas. If you have a great idea or activity to educate your peers on a youth issue—this is the place to do it. This is a youth-led program; for youth, by youth. Get involved!

A Typical WAYVE member?

I will let you in on a secret... there is no such thing as a typical WAYVE member. WAYVE team members possess a number of different strengths that contribute to the success of the program. The only thing that all members have in common is the desire to make change.

WAYVE is on Social Media



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